

2009 LA Zones Automatic Time Standards

11-12 Time Standards

Women's Qualifying Times	Event	Men's Qualifying Times
28.02	50 Free	27.09
1:00.42	100 Free	59.67
2:10.69	200 Free	2:08.22
4:32.24	400 Free	4:29.13
32.53	50 Back	30.95
1:10.73	100 Back	1:07.57
36.62	50 Breast	34.26
1:19.70	100 Breast	1:14.17
30.02	50 Fly	29.49
1:06.52	100 Fly	1:04.39
2:29.46	200 IM	2:24.13